Wilderness Skills Intensive

Growing Renewal & Resiliency Through Your Love of Nature

> July 23-26, 2015 Santa Fe, NM

Larry Glover The Wild Resiliency Institute lg@wildresiliency.com www.wildresiliency.com

"The clearest way into the Universe is through a forest wilderness." — John Muir

A 4-day backpacking retreat including a peak climb and 24 hour solo focused on cultivating and deepening wilderness skills and enlivening Nature's powers of renewal and resiliency as your own

Enhance your skills for adventuring into Nature while nurturing your capacity for navigating our transforming planet and creating a more joy-filled life and world for all.

All skill levels are welcome!

"You provide an inspirational and unique integration of wilderness skills, ecology and poetry and mythology and neurobiology and ecopsychology. And you make us all feel safe and special too." — Recent Wilderness Retreat Participant

> This is a personalized co-creative small group intensive for deepening your comfort in the wild while informing your life and work in the world.

> > **GUARENTEED!**

Cultivate Your Wilderness Skills in:

- Loss Proofing Yourself
- Reading Landscape Stories
- Orienting Map & Compass
- Befriending Fire
- Shelter & Refuge
- Water & Hydration & Nutrition

- Environmental Hazards
- Self-Care Concerns
- Gear & Clothing
- Common First Aid Issues
- Plant Medicine and Food
- Psychology of Surviving and Thriving

PACKAGE and ITINERARY of Wilderness Skills Intensive:

TBD: A pre-trip consult with Larry re. gear, food and packing skills

<u>Thursday 7/23:</u> Meet up early and backpack into our basecamp, explore nearby territory, skills building

Friday 7/24: Early AM peak climb, skill practice, begin 24-hour solo – On your own as you choose

<u>Saturday 7/25:</u> Skill development, return from solo for group celebration, debrief,

feasting, stories and ceremony

Sunday 7/26: Closings and hike out, returning to Santa Fe mid-day to early afternoon.

TBD: A post-trip 'circle' follow-up to further ground transference of wilderness skills to business and life

TBD: A post-trip consult with Larry to further support transference of wilderness skills to daily living

Additional Information Provided with Consult & Registration

Equipment Note: You are invited to bring your own gear and WRI can also help with equipment if needed. Either way, we will work with you personally before the trip to ensure you have what you need.

YOUR GREEN INVESTMENT: \$895. Bring a friend and receive a \$100 discount!!! Payment options are available in support of growing a heart-centered economy and world.

Your Guide:

Larry Glover, has worked professionally in the outdoors for over 37 years, 6 as a forest fire fighter and as a wilderness guide since 1982. He has facilitated over 6,000 guided client days, often in remote settings and with literally hundreds of "first timers." *He has been a permitted guide with the SF National Forest since 1989.*



Larry also has an intertwined 40 years in the human potential arena and has worked internationally in Executive Development and as an experiential learning coach. He now works with visionary individuals and organizations to facilitate leadership, creativity and high performing teams in support of social, environmental, economic and spiritual wellbeing and the re-greening of our planet.

The Wild Resiliency Institute represents a convergence of these careers and was founded to support people in celebrating their love of nature as a conscious path into wholehearted living and wellbeing.

Contact Larry with questions or to register: 505-690-5939 Ig@wildresiliency.com www.wildresiliency.com Note: CEUs are available for NM Social Workers, Counselors and Therapists

For other Wilderness Retreat opportunities with Larry also see www.leadfeather.org