



*An Invitation from Lead Feather and The Wild Resiliency Institute—
Join us for a Wholehearted Adventure of Deep Renewal*

Soul Renewal Wilderness Retreat

September 16-20, 2015 — Santa Fe, NM

*“Tell me, what is it
you plan to do
with your one wild
and precious life?”
— Mary Oliver*

How is your joy meter these days? Are you feeling wholeheartedly engaged with purpose and meaning in your life? Are your personal relationships, professional life and other commitments nourishing you as fully as you desire? Are your body and soul holding up to the pressures and demands daily living imposes?

Imagine what might shift if you claimed the time and space to reconnect to your soul, recharge your spirit and vitalize your choices and priorities in life? We invite you to give yourself the gift of four days of renewal and reflection in the enchanting natural beauty of Northern New Mexico.

“The Soul Renewal Journey was a valuable tool in bringing confidence to all aspects of my life. This experience not only overcame my fear of spending 24 hours alone in the wilderness, but also transferred to other aspects of my life where fear was blocking progress.” — 2013 Participant

Together, we will intentionally co-create a sacred space to inspire your soul and spirit. You'll explore through both group and individual experience how to sustainably nourish your innate "spirit of resiliency." We will also look to both Indigenous ceremony and Mother Nature to guide and deepen our experience. Time together, spent hiking and exploring the ecology of our environment, will sharpen your outdoor skills and foster knowing nature as a teacher and portal into your being.



The heart of the journey is an optional 24-48 hours of alone time at a particular site, and level-of-challenge, of your choosing—close by our base camp or further away.

This is a unique personal space for the reflection, visioning or strategic work that can further lead to the fulfillment of your gifts into the world. You will be professionally supported as your hosts "hold space" during your solo experience for safety and wellbeing, *teaching beforehand the camping skills required* as well as providing optional structured exercises for your explorations into life.

Wednesday

We'll share dinner at a restaurant to plan, discuss logistics and answer questions. This dinner is included in the pricing.

Thursday

Depart from Santa Fe in the morning, set up base camp and enjoy an eco-hike to get settled into our new home for the retreat. First day ends with an evening talking circle.

Friday

Select your own solo spot, set up your personal campsite and begin your solo.

Saturday

Return to basecamp for a hike and talking circle to reconnect, share and process our experiences.

Sunday

Personal time and a closing ceremony — Head back to Santa Fe, arriving by 1pm in time for the shuttle to ABQ for any late afternoon flights.

Logistical Details of Soul Renewal Wilderness Journey:

- | | | |
|---|--|---|
| <ul style="list-style-type: none">• Dates: September 16-20, 2015• Arrive Santa Fe by September 16, Depart mid-afternoon on the 20th, or later, if more time in Santa Fe is desired• Location: Approximately 90 minutes outside of Santa Fe in the Santa Fe National Forest• Facilitators: Cheryl Slover-Linett, of Lead Feather & Larry Glover of The Wild Resiliency Institute | <ul style="list-style-type: none">• Group size: no more than 10 participants• Investment: \$895 per person, with a 10% discount if you sign up with a friend (Note: Wednesday night's housing not included.) The journey cost includes all meals (except during your solo), transportation from Santa Fe to the campsite and wilderness guides.• Your hosts will coordinate food preparation and cooking so you can | <p>focus on your personal journey</p> <ul style="list-style-type: none">• You are invited to bring your own tent, sleeping bag and equipment. We can also help with equipment if needed. Either way, we'll provide you with a list of needed items and make sure you have what you need.• Participants are responsible for their own air or other transportation to and from Santa Fe. We will carpool to our campsite. |
|---|--|---|

BONUS! A post-event group call or meeting to further deepen and support your experience

Additional details and support to follow upon registration and as the event nears



Cheryl Slover-Linett
Cheryl@leadfeather.org
www.leadfeather.org
773-655-3567

Larry Glover, LISW
lq@wildresiliency.com
www.wildresiliency.com
505-690-5939

Permitted with the USFS since 1989



CEUs available through the NM Counseling and Therapy Board: provider #673056