



Lead Feather and the Wild Resiliency Institute are pleased to invite you into the adventure of a

Soul Renewal Wilderness Retreat

October 3-6, 2013 | Santa Fe, NM

*“Tell me, what is it
you plan to do
with your one wild
and precious life?”
Mary Oliver*

How is your joy meter these days? Are you feeling wholeheartedly engaged with purpose and meaning in your life? Are your personal relationships, professional life and other commitments feeding and nourishing you as fully as they should be? Are your spirit and soul holding up to the pressures and demands that daily living imposes?

May we suggest finding the time and space to reconnect to your soul, recharge your spirit and recenter your choices and priorities in life. We invite you to give yourself the gift of four days of renewal and reflection in the peaceful and natural beauty of Northern New Mexico.

Together with the retreat leaders and other participants, we will co-create a sacred outdoor space to inspire your soul and spirit. You'll explore through both group and individual experience how to sustainably nourish your innate “spirit of resiliency.” During our shared adventure, we will look to both Indigenous ceremony and

Mother Nature to guide our deepening processes. Part of our days will be spent hiking and exploring the red rock cliffs.

The heart of the Retreat will be 24 hours of solo reflection time at a site of your choosing—a unique personal space for the reflective work that can lead to different and better choices in your personal and professional life. Our professional guides will “hold the space” during our solos for your safety and wellbeing, teaching beforehand the camping skills required as well as providing optional structured exercises for your explorations into life.

The retreat location is in the beautiful and rugged country that Georgia O’Keeffe so uniquely captured. You’ll reside for these four days in your own tent under the spacious Southwestern skies.



Our journey together will include:

Wednesday

A group dinner to plan, discuss logistics and answer questions. Note that prior to dinner participants should shop for whatever food they’d like to eat during their solo time.

Thursday

Depart from Santa Fe in the morning, set up base camp together and enjoy an eco-hike to get settled in our new home for the retreat. First day ends with an evening talking circle.

Friday

Select your own solo spot, set up your personal campsite and begin your solo. You can choose a spot close to basecamp, or set up far from others – wherever you find your comfort level.

Saturday

Return to basecamp for a hike and talking circle to reconnect, share and process our experiences.

Sunday

After more time for journaling and a closing ceremony, we will head back to Santa Fe, arriving by 1:00pm in time for the shuttle to ABQ for any late afternoon flights.

Details of Soul Renewal Wilderness Retreat:

- **Dates:** October 3 – 6, 2013
- **Arrive** Santa Fe on October 2, depart October 6 or later if more time in Santa Fe is desired
- **Location:** Approximately 90 minutes outside of Santa Fe in The Chama River Wilderness area of the Santa Fe National Forest
- **Facilitator:** Larry Glover of The Wild Resiliency Institute, whose mission is to provide “Inspirations and Strategies from Nature for Thriving in Turbulent Times”
- **Group size:** No more than 8 participants
- **Cost:** \$595 per person, with a 10% discount if you sign up with a friend (Note: Wednesday night’s housing not included.) The journey cost includes all meals (except during your solo), transportation from Santa Fe to the campsite and wilderness guides.
- Your guides will handle all the **food preparation** and cooking so you can focus on your personal journey.
- You are invited to bring your own **tent and sleeping bag/pad**. Or we can provide you with a list of gear you can rent.
- Participants are responsible for their own **air or other transportation** to and from Santa Fe. Lead Feather will coordinate transportation between Santa Fe and our campsite.

For more information or to sign up for the retreat, please contact Larry Glover of the Wild Resiliency Institute at lg@wildresiliency.com, 505-690-5939 or Cheryl Slover-Linett of Lead Feather at cheryl@leadfeather.org.



leadfeather.org



Wild Resiliency Institute
wildresiliency.com

Discover more about the magic of the Chama River Wilderness Area:
www.westernperspective.com/rio-chama-serves-up-wilderness-new-mexico-style