

*ASPEN'S ANCIENT WISDOM—
An Inquiry into
the Heart of Resiliency*



No living thing is unitary in nature; every such thing is a plurality. Even the organism which appears to us as an individual exists as a collection of interdependent entities.

— Goethe

I love nature.
I just don't want to get any of it on me.
— Woody Allen

Look deep into nature
and then you will understand everything better.
— Albert Einstein

A human being is part of a whole, called by us “universe,” a part limited in time and space. We experience ourselves, our thoughts and feelings as something separated from the rest — a kind of optical delusion of consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty.
— Albert Einstein, *Ideas and Opinions*

The world we have made
as a result of the level of thinking we have done thus far creates problems that we cannot solve
at the same level
at which we have created them...

We shall require
a substantially new manner of thinking
if humankind is to survive.
— Albert Einstein

The tree which moves
some to tears of joy
Is in the Eyes of others
Only a Green thing
that stands in the way.
— William Blake, *The Letters*

The World can,
in effect,
get along without natural resources.
— Robert Solow, 1987 Nobel Prize, Economics

The eye with which I see God
is the eye with which God sees me.
— Meister Eckhart

What is necessary to change a person
is to change his awareness of himself.
— Abraham Maslow

We are human
only in contact, and conviviality,
with what is not human.
— David Abrams

The coming ecological disaster we worry about
has already occurred,
and goes on occurring.
It takes place in the accounts of ourselves

that separate ourselves from the world.

—James Hillman, *The Soul's Code*

So you can see, Mr. Jaworski,
this is the way the universe operates.
We are made of this!

There is separation in life
but there is no separateness.
We are all connected.

— David Bohm, quantum physicist, on Bell's Theorem

The matter and life which fill the world
are equally within us;
the forces which work in all things
we feel within ourselves;
whatever may be the inner essence of what is
and what is done,
we are of that essence.

Let us then go down into our inner selves;
the deeper the point we touch,
the stronger will be the thrust
which sends us back
to the surface.

— Henri Bergson, *The Creative Mind:
An Introduction to Metaphysics*

We can be human only together.
— Archbishop Desmond Tutu

The principle of mutual consistency
suggests that a healthy species
insures its survival
by putting out only quality.

Quality material
is something useful to others.
— Elisabet Sahtouris, *Earth Dance*

Whenever we experience pain or sadness,
it is because we have become separated
from what, or whom, we love.
And whenever we are inspired and joyful,
it is because we are one with what, or whom, we love.
All human challenges and successes
can be explained through this awareness.
— Lance Secretan, *One: The Art & Practice of Conscious Leadership*

We must first have a vision of the future
sufficiently entrancing
that it will sustain us
in the transformation of the human project
that is now in process.
Such an entrancing vision

we propose here as the Ecozoic Era,
the period when humans would become
a mutually beneficial presence on the Earth.
— Thomas Berry

The strength of a tree,
the old ones say,
comes not from growing thicker in the good years
when there is water,
but from staying alive
in the bad dry times.
— Joseph M. Marshall III, *The Journey of Crazy Horse*

Students achieving oneness
will move on to twoness.
— Woody Allen

Selected Resources and Bibliography

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WEB RESOURCES

Aspen Delineation Project

<http://www.aspensite.org/index.html>

Aspen Ecology in the Western US: 2004 Managing Aspen in the Western Landscape Conference

http://extension.usu.edu/forestry/UtahForests/Aspen_WayneShepperd.htm

Fading Gold: The Decline of Aspen in the West

<http://www.fs.fed.us/wildflowers/communities/aspen/index.shtml>

Managing Aspen in Western Landscapes Conference 2004

http://extension.usu.edu/forestry/UtahForests/ForestTypes_04AspenConference.htm
Restoring the West Conference, 2006-8: Aspen Restoration
<http://restoringthewest.org/Home.cfm>
Trophic Cascades Program: Aspen Project
<http://www.cof.orst.edu/cof/fr/outreach/treeomth/>
The Unplanned Organization: Lessons from Nature's Emergent Creativity, Margaret Wheatley
<http://www.margaretwheatley.com/articles/unplannedorganization.html>
Trees for Life: Symbiosis — Restoring the Caledonian Forest
<http://www.treesforlife.org.uk/forest/ecological/symbiosis.html>
Aspen-Body Wisdom Quotes
<http://wildresiliencyblog.wordpress.com/2007/10/25/aspen-body-wisdom-learning-journey-quotes/>
MykoWeb: Mushrooms, Fungi, Mycology
<http://www.mykoweb.com/>
The Eco-Trauma and Eco-Recovery of Being
http://www.noetic.org/publications/shift/issue15/S15_Intentions_Amorok_Eco-Trauma_Eco-RecoveryofBeing.pdf
Tree of the Month:
<http://www.cof.orst.edu/cof/fr/outreach/treeomth/>
Change Hardiness and Learning Agility: What the Aspen Know
<http://wildresiliencyblog.wordpress.com/2008/01/06/change-hardiness-learning-agility-what-the-aspen-know/>
Forbidden Knowledge and the Aspen-Body
<http://wildresiliencyblog.wordpress.com/2007/10/20/forbidden-knowledge-and-the-aspen-body/>
Aspen-Body Wisdom Archive
<http://wildresiliencyblog.wordpress.com/category/aspen-body-wisdom/>
HARDINESS: AN OPERATIONALIZATION OF EXISTENTIAL COURAGE
<http://dionysus.psych.wisc.edu/Lit/Articles/MaddiS2004a.pdf>

Biography

Larry Glover, LISW, is founding director of Paradigm Ventures Inc., and of the *Wild Resiliency Institute*. The WRI is a convergence of thirty years in the human change arena, first as a therapist and later as organizational consultant and coach, and an intertwined twenty-five years as a professional in the out-of-doors as a forest fire fighter and wilderness guide.

Larry is presently writing *Wild Resiliency: a poetic, mythic, ecological, and indigenous exploration of human resilience*. He blogs at www.wildresiliencyblog.com.

Larry works with individuals and communities of intention in support of their *wild resiliency*[™]. His clientele is international and varied. He brings an action-learning orientation to his play and work, as well as an incorporation of poetry, mythology, and ecology, and an integration of the western and indigenous sciences. Larry is a Licensed Independent Social Worker, is certified in Humanistic NLP, is a certified member of the [Six Seconds EQ Network](#) and is an associate of [The Renewal Group](#).

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